

# University of Pretoria Yearbook 2022

## Building personal mastery 310 (GAD 310)

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| <b>Qualification</b>          | Undergraduate  |
| <b>Faculty</b>                | <a href="#">Gordon Institute of Business Science</a> |
| <b>Module credits</b>         | 9.00   |
| <b>NQF Level</b>              | 07   |
| <b>Programmes</b>             | <a href="#">AdvDip (General management)</a>          |
| <b>Prerequisites</b>          | No prerequisites.                                    |
| <b>Contact time</b>           | 14 contact hours                                     |
| <b>Department</b>             | Gordon Institute of Business Science                 |
| <b>Period of presentation</b> | Semester 1 and Semester 2                            |

### Module content

This module will develop personal mastery in relation to one's personal and leadership development. It will support the building of competence by enabling greater self-awareness, insights into personal strengths and developmental areas and understanding core skills required for personal mastery and managing effective change in self and others. Students will gain deeper insights into their impact on others and how they influence a community of people towards greater connection, collaboration and mutual understanding to achieve personal and business objectives and develop resilience strategies for application in the workplace and personally.

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